



Soul Voice®

Practitioners' Certification Programme

Soul Voice® Practitioners' Certification Programme,
PCP with Soul Voice® Founder Karina Schelde



*A 2 1/2 Year Programme with
5 Seminars leading to becoming
a Professional Soul Voice®
Practitioner.*

Prerequisite is participation in the
2 Day Soul Voice® workshop & the 5 Day
Soul Voice® Advanced Sound Initiation.

- **LEVEL 1**
OCT 1st - 9th, 2020 (8 days)
at Hameau de l'Etoile, FRANCE
- **LEVEL 2**
MARCH 22nd - 31th, 2021 (9 days)
at Hof de Planis, SWITZERLAND
- **LEVEL 3**
NOV 6th - 14th, 2021 (8 days)
at Chateau Frandeaux, BELGIUM
- **LEVEL 4**
JULY 8th - 17th, 2022 (9 days)
at Centro D'Ompio, ITALY
- **LEVEL 5**
MARCH 24th - April 2nd, 2023 (9 days)
at Le Torrace, ITALY

SOUL VOICE INTERNATIONAL SCHOOL & PRODUCTIONS

soulvoice.net



Soul Voice®

Practitioners' Certification Programme

'Our Voice has a Soul Print that we may have been yearning to unravel since birth; a code that signifies our story, our 'make-up' and our ancestral roots & wisdom.'

KARINA

It is with great joy and humbleness that I welcome YOU to the Soul Voice® Practitioners' Certification Program as you embark upon this extraordinary & ground-breaking education. To become a professional practitioner & therapist in facilitating one-on-one Soul Voice® sessions is a Calling from your soul, as you allow your own self developmental process & rhythm to guide you.

It is only as far as you have taken yourself that you will then be able to deliver truthfully and with integrity to others.

The Soul Voice® method teaches you to go to your core depths through structured physical, emotional, psychological and spiritual exercises and techniques, designed to enable the practitioner to develop their own unique intuitive vocal expression and boundless healing potential.

Sound has the ability to permeate directly into the subconscious (the reptilian & the limbic brains) and to link & unite the conscious mind (neo cortex) and higher consciousness (prefrontal cortex).

The ancient wisdom is coded in our cellular memory, our DNA in sound frequencies and serves as an ultimate guide to develop intuition, remembrance and higher consciousness. You will unravel your history and karmic patterns,

connect with ancestral roots and the indigenous essence of your true self.

The Soul Voice® PCP incorporates a huge variety of practical & effective tools, practices & techniques, harvested & fine-tuned from my professional development, research and teaching over the last 30+ years. The Soul Voice® method has shown therapeutic effectiveness for most human conditions & issues of a physical, mental, emotional or spiritual character.

To become a Certified Soul Voice® Practitioner is a focused and committed undertaking. Your clients become your mirror & your 'teacher'. The rewards and the fulfillments are beyond what you could ever imagine. It is an incomparable gift to give yourself and humankind.

'It is only as far as you have taken yourself that you will then be able to deliver truthfully and with integrity to others.'

KARINA

I founded the Soul Voice® method from a strong Calling to create community. You are never alone or separated. You are a part of an immeasurable support, which will be building during PCP as well as through your national Soul Voice® community and tribe.

'Self-expression is the gateway to the creative power of our subconscious' potential. We long for the liberation of our voice and soul, to rediscover the grandeur of who we truly are: a force of the highest vibration and creation.'

KARINA





PCP is taught in 5 seminars over 2 1/2 years. Each seminar is an intense and compelling experience with teaching material both theoretical and practical, which you will further integrate, study and practice in between the levels. Already after the first level you can start to see Soul Voice® clients.

In the seminars we weave individual work with partner and group constellations in a space of safety and compassion.

You will also be witnessed in your Soul Voice® sessions by colleagues, who will give you valuable feedback. I will personally give supervision to some of your sessions.

Each seminar will have incorporated a day with a nature adventure, 'the vision-quest day', which serves to integrate the process more gracefully.

In between the PCP levels you will meet with your colleagues to exchange Soul Voice® sessions in order to further learn the techniques and deepen the teaching material, however skype sessions may also be possible.

For the requirements of becoming a Certified Practitioner you will complete 40 documented case studies/sessions. They are submitted in a

'written documented session form' and sent to me in batches of between 5 and 10 sessions at a time.

I will then give you coaching to your sessions on an audio file including written personalised 'powerworks' to practice before sending the next batch. These powerworks are practices,

*'We are born of light and sound.
For each experience we have gone through
in life the body keeps memories,
which are like records of
sound frequencies.'*

KARINA

which will highly strengthen your personal development and facilitate further improvement and empowerment in your Soul Voice® sessions & in your life. The outcomes of the powerworks are to be journaled and sent together with each batch of sessions.

I am honored to welcome YOU to join us on this magnificent journey.

With respect & compassion

Karina

NOTE: As you embark upon PCP you are asked to become familiar with Karina's two books, 'Expression into Freedom' & 'Soul Voice'.
(See the further requirements to become a Certified Practitioner page 7)

'The Voice is one of the most powerful tools available for the healing of humanity and in significantly shifting consciousness.'

KARINA

TO RECEIVE FROM EACH LEVEL:

- A comprehensive manual, both in hardcopy & electronically, which will include all the teaching material, practices and techniques.
- A usb-stick with video demonstrations of the new techniques including pre-recorded sessions with Karina's facilitation.
- In addition video clips from the seminar, a collective audio recording and the best still photos from the training!

3



The following modules & subjects are included in the programme:

EMOTIONAL SOUND RELEASE WORK & REPROGRAMMING (ERR) to cellular memory:

Emotions are encapsulated within our habits, negative beliefs and suppressed mental escape mechanisms and stored in our subconscious & cellular memory. Through deep emotional release work you release that, which does not serve you any longer in order to re-program & re-imprint into the subconscious and conscious memory, who you really are. All issues are emotion related and most issues can be transformed through the ERR process.

SYNERGY BREATHWORK & SOUND WORK:

Breath awareness is the gateway to the voice; letting life breathe you as to learn the art of Surrender. Synergy Breathwork practices enable you to access deeper subconscious layers, and to anchor vocal expressions to regenerate the cellular body.

TRAUMA WORK & SOUND HEALING: Sound is the forgotten link to reach higher consciousness directly. Sound has an important role to play by weaving the 2 lower brains (the reptilian & limbic) with the two upper brains (neo cortex & prefrontal cortex).

Traumas are often hidden in the deepest sense of fear and affect the nervous system on a subconscious level. Practices are shown on how to let your natural instincts guide you; how to allow the primal self to take over; how to know 'the human power animal within' together with spirit. Sound healing processes and techniques to overcome hidden numbness, fight and flight impulses in order to restore emotional balance, presence and a relaxed consciousness.

We will also work with ancestral & genetically unresolved patterns and traumas, which when released will enable you to live with clearer consciousness and stronger grounding & support from the indigenous essence of your true self.

BIRTH PROCESSES: Regression processes as to how you entered this world may release life-long held patterns of inadequacy and of not being enough, lack of self worth and true manifestation power, judgment and separation. Birth has sealed unresolved issues from the past (from the 9 months in the womb & from previous incarnations). It also holds our potential. Using ERR techniques to access these core issues originating from karma & birth will show you how to be able to change deep rooted conditions, cut unhealthy bonds and dive into the big work of detachment.

Allow a compassionate life force to nurture you, as you cultivate the remembrance of your birthright, living in joy - being heard & being seen.

SOUL VOICE® COACHING: We start the Soul Voice® sessions with a coaching. In Soul Voice® coaching you will learn how to structure a compassionate dialogue between you and the client, using simple yet effective communication techniques, which enables the client to access their own body wisdom, emotional intelligence, inner guidance & self-responsibility.

LISTENING & INNER GUIDANCE: Your soul is longing to be listened to every moment! Listening is the primary source of all life and may get fine-tuned through deepening letting-go processes and meditation. Every cell in our body is an ear, is a listening cell! Learning practices in 'the art of listening' may prevent blockages and illnesses to manifest and will expand your inner authentic voice, guidance & connection to Source.

THE FIVE HIGHER SENSES, POWER ANIMALS & INTUITION: Learn how the sensory system works and how to understand our senses & sensuality including awareness as to dream time & instincts. Sensory processing strengthens all functions of the body and enhances a stronger sense of self with powerful sound practices to elevate the five senses, intuition & higher consciousness.

Power animal medicine will be practiced to support the shifts to happen gracefully and with embodiment & grounding. Living with our senses & instincts gives us the greatest spirituality, as all senses become unified into intuition.

SOUL VOICE® SOUND HEALING TECHNIQUES: The Soul Voice® techniques are structured & composed organically, so as to allow Soul Voice® sessions to become more effective. They utilize a synergy of the facilitator's own intuitive abilities & innate wisdom that are then grounded so as to become an embodied channel.

The Soul Voice® method teaches sound healing to the inner body systems, including the subtle energy system. Through Soul Voice® techniques we work intensively with the seven chakras, the spine & nervous system, the endocrine system, the inner organs, the body-parts and polarity. Soul Voice® sessions incorporate sound-surgery, color & light, visualization, body-talk, hands-on & bodywork.

In addition we will practice the yin-yang combination of inner organs, following the Chinese medicine knowledge.

THE INNER CHILD: Is our gateway to vulnerability, truth, spontaneity & play. We will work with the inner child's sub-personalities (the inner parents) using sound practices & sound drawings to unravel early childhood memories and the lack of fully embodying the inner child's innocence & wisdom. The inner child is 'the spark of life' you will never want to like without!

Establish a deep understanding & awakening of the inner child, the adult self and the divine parent and their interconnectedness.

POLARITY & UNION: Work with specific Soul Voice® exercises to heal wounds in the deep inner feminine and masculine, originating from childhood, intimate relationships and ancestral & inherited patterns. Dive to the core of your yin-yang separation. Dismantle old structures of the yang & allow core wounds and chaos to clear in the yin in order for the yin-yang synergy to gracefully unite with the inner child in this magical



triangular constellation & 'inner marriage'.

Includes boundary exercises, positive & negative projection practices, voice expression ownership, forgiveness exercises, rituals & ancestral connections.

21 GATEWAYS, SACRED GEOMETRY &

ASCENDED MASTER ENERGY: The 21 gateways are powerful vortexes & portals to the subtle energies of the body and the subconscious; a strong self healing system, which allows accelerated alignment to chakras, specific meridian and polarity points.

Soul Voice® uses Sacred Geometry constellations to access the subtle energies of the body as well as attuning specific Ascended Masters' energy of resonance & wisdom to our own inner core.

CREATING SACRED SPACE: Each Soul Voice® session is a sacred ritual. Learn the importance of invocations & prayers to always create a safe protected physical & energetic frame for the work. Allow sound to weave & bridge the invisible world and the ancestors in order to activate stronger Presence. Honor each session as a miracle of transformation & let the sacred space sustain you.

COMMUNICATION WITH SOUL: Authentic communication is the key to living in harmony. Learn communication practices, which are designed to nurture & stretch your consciousness in order to move beyond power struggle, ego identification & lack of listening.

Train the quality of your instrument through voice resonance, embodied emotions & silence in order to get the intended message across. Overcome judgments to shape-shift into the depths of acceptance, forgiveness & clear communication. Awaken your passionate & compassionate communicator with soul & reverence.

SOUND & MOVEMENT: Life itself is constantly dancing you... so move & sound your inner kaleidoscope & sound symphony! Let there be no limit to your creative expressions and let body flexibility & rhythm follow your flow. As you learn how to surrender on still deeper levels, the sound & movement will come towards you; maybe as a sense of living in timeless consciousness & ecstasy. Let it be a calling to learn more about receptivity, detachment & detoxing. Have faith in your sound & movement & let it move mountains!

RELAXATION: To learn to receive sound frequencies effectively conscious relaxation is the key. It will also teach you how to master 'juggling' between being & doing, feeling safe in slowing down and in effortlessness.

Furthermore, learning about the inter-connectedness between the sympathetic & the parasympathetic nervous system will enable you to live a more stress-free life, grounded in inner listening and connected to soul presence & purpose.

SOUND, SCIENCE & ANATOMY: Deepen in the scientific research which has been done on sound to confirm the miracle of sound & its source. Study the anatomy of some of our most important body systems, as well as learning about the physiological function of the larynx, which is connected to our biology & soul essence.

CONFERENCES & MINI WORKSHOPS:

(1-3 hours) Learn how to structure a compelling presentation, conference & mini workshop to attract clients for your Soul Voice® sessions through embodying specific virtues & leadership guidelines. Train how to be grounded by clearly targeting your audience, giving your own personal flavor so as to get your message powerfully across.

MARKETING: Setting up your own Soul Voice® Business is a process of endurance, focus and patience. Train how to express what your business is about to various walks of life. Value your network and expand your creative possibilities by following your inner motivation supported by a realistic passionate vision. Learn about Soul Voice® marketing strategies.

A POWERFUL MANIFESTER & LEADERSHIP:

There are individual practices & research to embody the principles of becoming a powerful manifester including sustainable goal setting & potent leadership principles of your Soul Voice® work. Also the teachings of dynamic group work to both challenge and support the individual practitioner.

THERAPEUTIC ACTING: Each seminar will stretch you to new levels of your many sub-personalities' identifications, as you get challenged to experience that your ultimate expression beyond fear will set you free! There is nothing you cannot handle when you love yourself and your expression fully! Taking risks is a virtue, which pushes you to be 'naked' beyond the layers you may be hiding behind. Soar with your authentic vulnerability!

Therapeutic Acting is a unique teaching & a thrilling journey into daring to live to the maximum & owning your multi-dimensional creative power. It shows you hidden & surprising aspects of yourself, which the therapeutic Soul Voice® work may not have revealed to you! Authentic Celebration in Play!

(see also 'Therapeutic Acting - Creative Voice Work' as an individual session page 6)

TELEPATHIC SOUND HEALING & EARTH

HEALING: Telepathic communication & sound healing is an effective way to reach areas of the planet and people, which are not physically present. Sound frequencies can travel wherever there is an intention of purpose, compassion & faith. Soul Voice® uses telepathic sound healing in Soul Voice® sessions as well as collective telepathic sound healing to the elements, which always has a significant ripple effect in healing Planet Earth.

Accessing cellular memory from Mother Earth, embracing life & death cycles, including DNA awareness.





LEVEL 5 will partly take another structure than the other levels, as an important part is personal mentoring & supervision of the individual practitioner by Karina, supported by your colleagues, your sound-tribe. It is a process of a profound & intense RITE OF PASSAGE for everyone, an initiation into the deepest corners and aspects of your being, which have not yet been revealed, touched or known to you. It is a process of surrendering and resurrection, being on the edge as you are guided to dare 'the free fall' and live as you may never have thought possible.

'Therapeutic Acting' is a session form that is greatly inspired from your experiences during the training. The Therapeutic Acting session (TA) is an exciting and challenging session to facilitate, as it pushes the client forward through freeing their full authentic expression and allows them to stand stronger in their potential, true power and self-responsibility. Being heard & being seen! Go beyond the masks and the story! *Dare to LIVE & be FREE!*

Living Soul Voice® is your strongest marketing tool

MARKETING STRATEGIES: Through a series of exercises from a Marketing and Business Manual created for Soul Voice® Practitioners, we will deepen marketing strategies from the Heart...

- Through creative processes both individually and in smaller groups, explore how to set up a solid foundation for your Soul Voice® business to manifest, grow and blossom.
- How to magnetize and attract the clientele that is your target including approaching specific industries, institutions & other groups in the private sector.
- Creating the sacred space for Soul Voice® sessions.
- Promotion material & web presence.
- Sustainable business goals & core values.
- Guidelines to create abundance & maintain inner & outer leadership.

The Tone of Voice creates miracles and being passionate about what you stand for will move mountains! KARINA



TRADEMARK. Soul Voice® is a registered trademark, which means it is a legal authorization & safeguard governing the brand (intellectual property), its promotion and merchandise, so that it is recognizable amongst other similar modalities & practices.

Only Certified Soul Voice® Practitioners, Practitioners in Training and Authorised & Accredited Teachers can use our Trademark.

Trademarks give security and a promotional advantage to us, as we know that our colleagues, who have authorized use of the trademark, have received the same education and updated themselves regularly as part of the credibility of Soul Voice®. This does not prevent us from being unique in our practices; it simply means all of us comply with the standard guaranteed by Soul Voice® Ethics



Completion requirements to Certification:

- **40 documented client sessions.**
- **40 colleagues sessions**, 20 as client, 20 as facilitator which are to be journaled and not documented; however 10 colleague sessions may be documented as part of the 40 compulsory documented sessions. (There is no specific feedback on colleague sessions; it is an honor system).

CASE STUDIES OVERVIEW:

- Make an overview of the teachings and learnings of your 40 documented case studies. You may also include sessions, which have not been documented, as well as Soul Voice® Presentations & Conferences you have facilitated. You will receive a 'written question form' to complete this overview.
- In addition you are required to have experienced seeing a client in a series of sessions, a minimum of **5 clients in a series of 3** or more sessions and report the evolution with those 5 clients. You will receive a 'written question form'.
- Furthermore, written pages of your personal studies and **research on the inner organs' system** as well as light studies of the **human anatomy and the body systems**. In PCP you will be provided with information and sources to complete this task.

You are asked to start your documented sessions & personalized powerworks between level 1 & 2.

Certification Graduation takes place at level 5.

If you need an extension to complete certification, a maximum of 12 months' extension may be granted.

PCP Offerings:

- ✓ Upon completing certification you will receive membership to SVI, Soul Voice International. Membership is renewed annually at a fee of Euro 100 together with a personal and professional update. You will then receive an audio coaching feedback from Karina. SVI Membership is compulsory to maintain the Practicing Certificate.
- ✓ As a certified practitioner it is essential that you have a profile on the Soul Voice® website to honor your Certification & so the general public can find you through our global website www.soulvoice.net.
- ✓ You will have the two Soul Voice® books available in your practice for interested clients to purchase.
- ✓ As part of being a professional practitioner we would like you to consider to regularly write a report from some of your most transformative sessions. These stories and case studies serve to contribute to our community and the Soul Voice® evolution and may be used in our newsletters, the website or other media we are approaching to spread the work and to get the Soul Voice® method more known.
- ✓ As part of updating yourself and as a part of holding credibility as a professional Soul Voice® Practitioner you are asked to participate in 'The Advanced Supervision 2 & Leadership Seminar', which is renewed every 4th year. This is an 8 days seminar to further evolve as a Practitioner including new teaching material, as well as a seminar to benefit from being a part of the powerful Soul Voice® network and container with a global community of professional Soul Voice® Practitioners & Teachers.
- ✓ A Blog has recently been created attached to the soulvoice.net website. This collective forum for certified and those in training is a channel for intimate sharings & valuable exchanges within the broader community.



Testimonials from PCP Participants

“The Soul Voice® Practitioners' Certification Program has changed my life totally! My life changed from being directed towards the outside, into living my life from the inside - in connection with all of who I am. Soul Voice® has taken me into the depths of my being and my inner knowing. Step by step I learned to trust myself. My loneliness, my fear, my pain, it has all gotten into place. Now I have confidence and trust, to go out into the world and to manifest myself; to follow my life purpose in connection with my inner Source and Spirit. Soul Voice® helped me to find my way home to my own mastery. Thank YOU, Karina!”

ANKE DE JONG, The Netherlands

“The Soul Voice® Practitioners' Training is a priceless gift I gave myself. In making this commitment, even in moments of fear and doubt, I have experienced so much magic, manifestation, love and support in surprising ways. To anyone thinking about taking this training, if your soul resonates with this work, whatever obstacle you think is in your way - money, family, jobs, health issues - take that leap of faith!”

TAYAH HANSON, Canada

“An invitation to discover your Soul Voice®, is a journey like no other. It is the call of the wild... the call of the lost voice, of an inner knowing... a connection to a deep sense of truth and understanding. This pioneering method of vocal therapy draws on Karina's extensive experiences and knowledge to bring a technique that is dynamic, utterly profound and truly life changing. As a teacher, Karina truly embodies her passion; she is compassionate, dedicated, committed and supportive of each student, beyond just the workshop hours.

If you feel the call, then I urge you to follow your heart. It will not be without challenges, it may take you to the edges of your comfort zone... but there, if you dare to tread, is another wonderful, magical world just waiting for you... just like it was and continues to be, for me”.

CAROLINE BARNES, UK

“The voice and sound-healing training was a deeply profound experience, in which I plummeted my own depths and was met with love, compassion and wisdom. My voice expanded into new dimensions, and I learned to trust the guidance and intelligence of sacred sound for both personal and planetary healing. Karina's pioneering method of vocal sonic vibration combines a vast array of experiences and modalities into a unique model that will play a major role in the necessary shift of global consciousness. This training has provided me with an in-depth foundation and broadened my vision in my calling as a composer and a Soul Voice® Practitioner”.

WENDE BARTLEY, Canada

“Where words can't express, sound CAN! For years I struggled to express myself freely. Through the Soul Voice® program I have been able to access and express the aspects of my Self that were yearning to see and feel the light. I have found my calling and am responding wholeheartedly. Soul Voice® goes beyond the intellect and the mind, it takes us to our very core, our very inner knowing. That amazing space that happens, when we get out of the way and the sounds move through us, spirit moves through us. This is about being the fullest, clearest, most alive channel you can ever imagine being. Karina holds an incredible healing space for you to do this soul rocking work, as you dive into the immense depths and expanse of your being”.

WILLOW, New Zealand

“PCP training has been a life changing experience, a huge challenge and the beginning of a wonderful adventure that is still going on!

I feel thankful and amazed that someone could give careful form, manifestation, efficiency and logical structure to all the different techniques & practices that we were taught! The content of the training is impressively HUGE. It is a treasure of an immeasurable source of the highest information & teachings, which deserves the deepest respect.

It felt like we were taught to be able to bring Light on Earth in an embodied way; to transform humanity in the same way we are transforming ourselves. It has stretched me in all directions to finally anchor myself deeply into my body, where I now can feel connected with myself, with the Earth, with Cosmos and everything around me, contained and ready to manifest.

So much attention was given to the magic of life in such a delicate, playful, joyful, beautiful & soul touching way. That touched me deeply and so did the extremely powerful sounding experiences with the whole tribe!

The tribe is a heartwarming support & safety, with whom we shared our deepest lows and highest heights. This new family is definitely essential for me. And Karina was always there, when I needed her and an amazing support; she really taught me to take the spoon in my own hand and how important that is!

So, I need to say... “Listen to this voice and just DO IT! You deserve it!”

OLGA CURRÁS, Spain

For more testimonials please refer to our website:



soulvoice.net





Karina Schelde

KARINA is the founder of the groundbreaking self-development method, Soul Voice®, which she has developed, researched & taught over the last 30+ years. She has a professional background in a variety of healing modalities.

Karina has created a worldwide community of professional Soul Voice® Practitioners & Teachers, which emanates a powerful support network around the Planet.

Karina is the author of 'Expression into Freedom' and 'Soul Voice', which is published in many languages. A passionate and internationally recognized facilitator & pioneer in her field, Karina is dedicated to spread Soul Voice® across the globe; also to areas where the work is not yet known.



To Register

TO REGISTER: Please send your application letter to the practical organiser Maria Gisela and address your letter to Karina, containing a brief resume of, who you are and what calls and motivates you to take the PCP training to become a Certified Soul Voice® Practitioner, (minimum 1 page, maximum 2 pages).

Please insert in this letter a current photo (showing head and face).

You will also receive an Intake - Waiver form from Maria Gisela to complete your application.

As Maria Gisela has received your application letter & intake-waiver form, she will forward it to Karina.

Once Karina has accepted your application, please send your deposit of Euro 900 to secure a place.

NOTE, it is highly recommended that you send your application sooner rather than later as well as paying the deposit, because the Soul Voice® Practitioners' Certification Program does fill up and has a limited number.

Practical Organiser

Certified Soul Voice®
Practitioner
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Fee Structure

FEE STRUCTURE: TUITION FOR SEMINAR ONLY.

A non-refundable deposit of Euro 900 is required and must be paid in full latest by **August 1st, 2020**.
(the deposit is deducted at the end of the PCP training)

Tuition fee for EACH LEVEL is Euro 1'770
(excluding accommodation fee)

Total tuition for PCP is Euro 8'850

If the full tuition is paid by December 1st 2019, a discount of Euro 500 will apply. Total payment of Euro 8'350

If the full tuition is paid by August 1st 2020, a discount of Euro 325 will apply. Total payment of Euro 8'525

Payment installments of the tuition fee can be arranged,
(up to a 4 year's plan) with a binding Agreement.
Please contact the organizer for further details.

Payment Method

Bank transfer or e-banking to:

Bank:
ING, Cours-Saint-Michel 40,
1040 Bruxelles, Belgium
IBAN:
BE56 3631 6720 3788
BIC: BBRUBEBB
Account holder:
Karin Schelde Jensen
Reference:
'Your name & PCP'

Note: No banking commission fees for the beneficiary



Venues and Accommodation

LEVEL 1: OCTOBER 1st - 9th, 2020 (8 days)

at Hameau de l'Étoile, Saint-Martin-de-Londres, France. www.hameaudeletoile.com



Le Hameau de l'Étoile is located on an exceptional 20-hectare-site, by a river, where unspoiled Mother Nature rules. It is an entire 12th century hamlet, in a dominant position, which has been fully renovated. Open, shaded patios and covered terraces provide shelters to enjoy delicious meals and the endless views. The workshop will take place in 'La Grande Bergerie'; a beautiful vaulted room and quiet with views of the Séranne.

Accommodation including all meals

Three persons' room with private bathroom	Euro 680
Double room with shared bathroom	Euro 705
Double room with private bathroom	Euro 745
Single room with shared bathroom	Euro 825
Single room with private bathroom	Euro 905
Dormitory	Euro 610

LEVEL 2: MARCH 22nd - 31th, 2021 (9 days)

at Hof de Planis, Stels, Switzerland. www.hofdeplanis.ch



Beautifully situated in the Swiss Alps, 1300m above sea level, Hof de Planis is a jewel of the mountains; an oasis of pure nature at its best! The expansive views to the mountains emanate clear insights to support our journey. There are lots of hiking trails nearby. Delicious vegetarian food and excellent service.

Accommodation including all meals (currency Swiss Francs)

Double room with shared bathroom	CHF 914
Single room with shared bathroom	CHF 1074
Double room with private bathroom	CHF 1098
Single room with private bathroom	CHF 1258

NOTE, Room cleaning during the week on request: CHF 25 per clean.

LEVEL 3: NOVEMBER 6th - 14th, 2021 (8 days)

Chateau Frandeaux, Frandeaux, Belgium. www.chateaufrandeaux.be



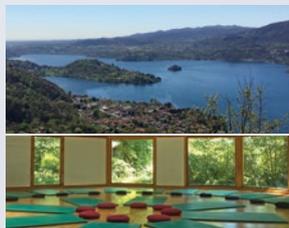
The Domain of Château Frandeaux is situated at the edge of the Belgium Ardennen. This splendid castle has beautiful spacious & high ceiling private rooms & a spectacular dining - living area. Diverse wellness possibilities are offered in the Château: sauna, infra-red cabine and solarium. There is an outside deck overlooking the lake with kayaks for our use. Also surrounded by powerful nature for walks & leisure. The delicious food is biological and vegetarian.

Accommodation including all meals

Single very big, private bathroom	Euro 995
Single room medium, shared bathroom	Euro 895
Double room big, private bathroom	Euro 845
Double room medium, shared bathroom	Euro 745
Single room small, shared bathroom	Euro 795

LEVEL 4: JULY 8th - 17th, 2022 (9 days)

at Centro D'Ompio, Pattenasco, Italy. www.ompio.org



Centro d'Ompio is located in impressive nature and a magnificent setting, overlooking the mystical, peaceful Lago D'Orta with beautiful gardens & adventurous hiking trails. We will be holding the seminar in a spacious, exquisite octagon. The centre offers an outdoor swimming pool and serves delicious vegetarian meals.

Accommodation including all meals

Three person room with shared bathroom	Euro 720
Three person room with private bathroom	Euro 810
Double room with shared bathroom	Euro 810
Double room with private bathroom	Euro 855
Single room with shared bathroom	Euro 990
Single room with private bathroom	Euro 1080
Tent	Euro 540

LEVEL 5: SEPTEMBER 1 - 10th, 2020 (9 days)

at Le Torracce, Valfabbrica, Assisi, Italy. www.torracce.com



Le Torracce is an ancient, magical place, emanating a remarkable peace, situated in the heart of Umbria close to Assisi and on the Franciscan Path. This is the path St. Francis used to walk. A retreat center for powerful rejuvenation, it is built in the local tradition, completely restored with great love & sensitivity. The center offers an outdoor swimming pool and the service & meals 'is Italy at its best'!

Accommodation including all meals

3 persons room with private bathroom	Euro 855
Double room with private bathroom	Euro 1080
Single room with private bathroom	Euro 1440

NOTE: Retreat centers' accommodation prices may vary slightly from the above due to being booked years ahead.